



GIVE TO OUR PROGRAMS

For over 50 years, the Elizabeth Fry Society of Calgary has offered help and healing to thousands of at-risk and criminalized women. Stuck in a cycle of poverty, many women make choices that have serious and lasting impacts on their lives. The lack hope for the future and don't know where to turn for help. We are here to give them another chance but we need your help.

Our programs offer our clients another way and an opportunity to create more hopeful futures. Your gift will help us help vulnerable women and their families.

Criminal Justice Fines and Fees – \$35 - \$500

As women move through the justice system, there are a variety of fees and fines that they are often unable to pay. Many of the mistakes made – such as driving a car without insurance, stealing food to feed hungry children – are related to their poverty.

Women with criminal records experience barriers to sustainable and stable employment and without addressing a record suspension for their records, they may end up repeating crimes of poverty.

Employment, Education and Training - \$65 - \$350

Education and training open up new opportunities, but related fees are not affordable to women with a limited or no income. Women need help with suitable work clothes, boots and sometimes equipment, to assist them in finding jobs and gaining independence.

Aboriginal Programming \$50 - \$300

Over 60% of the women we serve are Aboriginal. Connecting back with their culture is essential to healing. Your gift will help support cultural programming, such as honorariums for sweatlodges, elder support and aboriginal resources that will help women move towards healthy lifestyles

Immigration Documents - \$75 - \$500

Starting again in a new country is not easy and basic immigration documents can be very expensive for women living below the poverty line. Work permits, citizenship applications and permanent residency documents all charge fees that are cost-prohibitive for some clients.

Housing and Basic Needs - \$50 and \$500

Housing is an on-going need as it is essential for women rebuilding their lives. Damage deposits and short-term housing rental subsidies are a critical priority. Food, hygiene items and those basic necessities many of us take for granted are often unattainable for women on limited or no income. Funds allocated to these necessities can make the difference in starting over.

We invite you to make a difference by giving to those, like Lisa, who often come to us with little hope for another chance. Your donation is **NOT** utilized for administrative costs, and will go directly to programs that support our clients. Donate online at elizabethfrycalgary.ca/

Donate online at elizabethfrycalgary.ca or mail or drop off your gift to:

The Elizabeth Fry Society of Calgary, 1731 – 10 Avenue SW, Calgary, Alberta T3C 0K1