



ELIZABETH FRY SOCIETY OF CALGARY 2016 WISH LIST

The women we serve often come to us with very little. The following items will help them address simple needs, as well as provide dignity and hope.

- Socks, underwear and tank-style bras in sizes S, M, L and XL
- Feminine hygiene products
- Deodorant
- Lip balm
- Toothpaste and toothbrushes
- Soap and body lotion
- Shampoo and conditioner
- Transit tickets
- Craft and art supplies such as coloured paper and pencil crayons
- Gift cards for groceries and necessities (i.e. Safeway, Sobey's, Walmart)

All donations of basic needs supplies and hygiene items can be dropped off at our main office at 1731 – 10 Avenue SW. We are directly across the street from the Sunalta C-Train Station. Free on-street parking is available.

Please contact reception@elizabethfrycalgary.ca to arrange for your donation drop-off or call us at 403.294.0737.

Please note that we are not able to accept clothing donations due to lack of storage.

