

# Elizabeth Fry Society 2016-2017 Wish List

## Basic Needs (on-going requirement)

socks  
underwear of all sizes  
sports bras of all sizes  
toothbrushes, toothpaste, and dental floss  
feminine deodorant - travel size  
hair brushes and hair ties  
chapstick or lip balm  
feminine hygiene  
feminine razors and travel size shaving creams or gels  
travel size Q-tips packs  
travel sized wipes - non-alcohol type

## Essential Items

bus tickets  
grocery cards (food only)  
small denomination coffee cards  
yoga pants - dark colors, all sizes - *new*  
plain basic t-shirts - darker or bright colors vs white and light colors - *new*  
hoodies - dark or bright colors, all sizes - *new*

## Seasonal Needs for Winter

winter jackets - *dry cleaned and EUC\** or *new* of all sizes  
winter boots for snow/ice (no heels) - *new* or *EUC\** of all sizes  
winter gloves, scarves, and hats - *new*

*Due to storage and lack of laundry facilities we are unable to accept used clothing.*

*\*Excellent Used Condition*

For more information or to help the women and youth we serve, connect with us at:

### Main office:

1731 – 10 Avenue SW  
Calgary, Alberta T3C 0K1  
(across the street from the Sunalta LRT station)

**Email:** [reception@elizabethfrycalgary.ca](mailto:reception@elizabethfrycalgary.ca)

**Telephone:** (403) 294-0737

**Toll Free:** 1 (877) 398-3656

**Fax:** (403) 262-0285

[www.elizabethfrycalgary.ca](http://www.elizabethfrycalgary.ca)

### Connect with us:

 EFryCalgary

 @EFryYYC

 Elizabeth Fry Society of Calgary

